

INTERESTED IN STARTING OR JOINING A LOCAL PSC SUPPORT GROUP?

Living with Primary Sclerosing Cholangitis can be complicated. Even the toughest among us may need a helping hand.



Why Start a Group?

- Give and get support from others in your community who are struggling with PSC.
- Create a supportive environment where one doesn't have to feel alone with this disease.
- Provide opportunities to discuss some of the difficulties of living with PSC with others who "get it".
- Share experiences, resources and information to educate PSC patients, families and caregivers.

This editable space is provided to allow those wishing to start a group to give more specific details about his or her local group and to identify a contact person(s) for further information.

For general information on support groups, please see <http://pscpartners.org/support-groups/>. While PSC Partners Seeking a Cure has developed these guidelines to assist those wishing to start a local support group, PSC Partners accepts no responsibility for any information, activities or costs associated with local support groups, nor is PSC Partners intending to provide an endorsement of such group.

Possible topics of discussion

- New research
- Introduction to PSC
- Discussion of personal experiences
- Presentations by hepatologists, gastroenterologists, and other medical professionals
- Avoiding caregiver "burnout"
- Pre-and-post transplant concerns
- Living with a chronic, "invisible" illness