

“HOME HEALTH”

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PSC Partners 2011 Sacramento

Healthcare – YOUR healthcare,
exists where you live;
it happens
in your home every day.

Should you need
additional help, what are
your options?

How much healthcare
can come home?

HOME HEALTH CARE

The Hospital Has Come Home

- Nurses, therapists and other caregiving disciplines bring highly skilled treatment and diagnostic procedures home
 - Examples: post-transplant; wound management, occupational and physical therapy to optimize safety in environment, etc.
- Patient usually must meet “homebound” status (undue hardship or a taxing effort to leave the home).

HOME HEALTH CARE PRODUCTS AND SERVICES

- Skilled, Intermittent Home Health – Medicare Certified.
 - Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Language Pathology, Social Worker, Home Health Aide
 - Working under plan of care established with Physician; providing skilled monitoring/teaching/intervention

Skilled Home Health

- Payer:
 - Medicare 100%
 - Insurance Companies – policy specific, sometimes a co-payment
 - Medicaid – State Specific, usually covers most disciplines with pre-authorization required.
 - Payers cover skilled disciplines, medical supplies (not DME or personal care-custodial)

HOME HEALTH CARE PRODUCTS AND SERVICES

- Private Duty: provides personal care, homemaker/companion, home health aides up to private RN. May be referred to as “custodial-care”
- Look for licensed/bonded accountable care – check references
- Payer – usually privately paid (U.S.). Some LTC insurance may reimburse.

Hospice and Palliative Care

- Care at end of life or in advanced illness
- Palliative in nature; treats symptoms-non-cure based.
- Interdisciplinary Approach to care:
 - Nursing
 - Social Services
 - Spiritual Support
 - Medical Director/Nurse Practitioner
 - Personal Care

Hospice and Palliative Care

- Who pays?
- Medicare 100%
- Medicaid – State Specific, generally 100%
- Insurance Companies, policy specific.
 - Hospice benefit usually pays for:
 - Medications related to terminal diagnoses
 - Durable Medical Equipment
 - Medical Supplies
 - Skilled disciplines and personal care (intermittent)

Wellness and Chronic Disease Management

- Evolving along with technology.
- PSC Partners is a great example of aggregating souls and providing support at a distance....
- Care happens on and around you all the time-you all help each other to create the very best environment of caring.

HOME HEALTH CHECKLIST FOR PSC

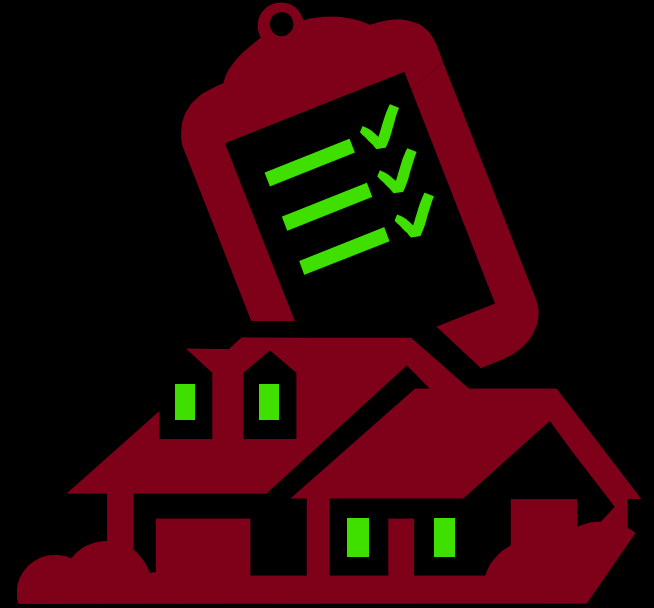
- ✓ Coordinate *purposeful* physician check-points:
 - ✓ Have questions listed in advance
 - ✓ Identify milestones of disease status-
 - ✓ Set goals
 - ✓ Coordinate lab screening, testing as indicated by best practice guidelines
 - ✓ List all medications/supplements-update as needed
 - ✓ Symptom flares? Can you identify any correlation with possible cause/contributors....look for patterns and interrupt if you can!



OPTIMIZE YOUR HOME HEALTH

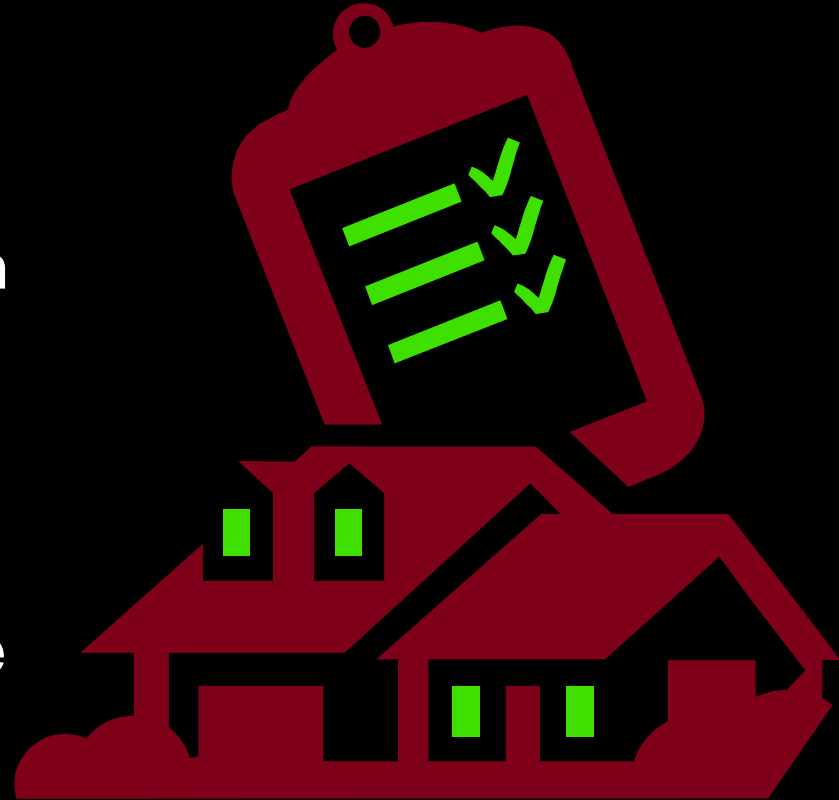
CHECK IT OFF THE LIST:

- ✓ Nutrition
- ✓ Medication/Supplements
- ✓ Hydration
- ✓ Skin care products
- ✓ Hair care products
- ✓ Fabrics for “SOFT” status
- ✓ What “touches” your fabrics (besides you)?



OPTIMIZE YOUR HOME HEALTH

- ✓ **What “moves you”?**
 - ✓ Yes I am thinking about that.... How to keep resin moving!
 - ✓ Also, exercise!
 - ✓ Are you getting adequate rest?
 - ✓ What brings you joy?



BE YOUR OWN BEST FRIEND

- ✓ Are you prepared to be your own advocate within the health system?
 - ✓ Documents up to date
 - ✓ Personal Health Record
 - ✓ Seek competence – question and educate
 - ✓ Vigilant awareness of insurance status – be a careful self-advocate!

